



# MILE MAKE-UP

Name \_\_\_\_\_

Period \_\_\_\_\_

Date \_\_\_\_\_

1. Complete the mile on a school track, with a parent.
2. Record split times using a stopwatch.
3. Parent signs this mile make up and return to physical education teacher.

LAP 1 \_\_\_\_\_

LAP 2 \_\_\_\_\_

LAP 3 \_\_\_\_\_

LAP 4 \_\_\_\_\_

MILE TIME \_\_\_\_\_

Circle the reason for the mile make up.

Medical

Absence



Parent Signature \_\_\_\_\_



# 1/2 MILE MAKE-UP

Name \_\_\_\_\_

Period \_\_\_\_\_

Date \_\_\_\_\_

1. Complete the 1/2 mile on a school track, with a parent.
2. Record split times using a stopwatch.
3. Parent signs this 1/2 mile make up and return to physical education teacher.

LAP 1 \_\_\_\_\_

LAP 2 \_\_\_\_\_

1/2 MILE TIME \_\_\_\_\_

Circle the reason for the mile make up.

Medical

Absence

Parent Signature \_\_\_\_\_