**Volleyball Study Guide**

**Know if the following rules.**

What happens if the ball lands on the line?

Can you step on the line when serving?

Can a player go out of bounds to play a ball?

Can a player touch the net while playing the ball?

A player contacts the ball with both hands apart

What happens if the ball hits the net on a serve and falls into the proper court?

What is the maximum amount of hits that a team can have on one side of the net?

**Know the following volleyball terms.**

Dig

Volley or Set

Serve

Spike

Forearm Pass or Bump

What are the 3 sequence of hits taken by the receiving team in an ideal volleyball situation?

Which type serve is more effective…. overhand or underhand? Why?